

Dermatology CONNECTION



The Newsletter of the University of Mississippi Medical Center Department of Dermatology • Fall 2014

Patient Centered Subspecialty Care

Nancye McCowan, M.D.

Program Director, Complex
Medical Dermatology and
Cosmetic Dermatology

Julie Wyatt, M.D.

Complex Medical Dermatology,
Inpatient Dermatology and
Pediatric Dermatology

Kim Ward, M.D.

Cosmetic, Medical and Surgical
Dermatology

Robert Brodell, M.D.

General Dermatology and
Dermatopathology

Jeremy Jackson, M.D.

Cutaneous Lymphoma, Psoriasis
and Inpatient Dermatology

Will Black, M.D.

Mohs Surgery, Cutaneous
Oncology and Multidisciplinary
Melanoma Clinic

Stephen Helms, M.D.

Occupational Dermatology
and Patch Testing, Inpatient
Dermatology

Stephanie Jacks, M.D.

Quality Assessment/Quality
Improvement and
Pediatric Dermatology

From the Chair

It has been a great Mississippi spring and summer with green grass, flowers and a high pollen count... which reminds me about another rite of summer: New resident physicians have arrived in the Department of Dermatology! Seeing Lauren and Michael's eager faces has reinvigorated the faculty. We are working hard to improve our curriculum and teaching methods following the lead of



our Program Director, Nancye McCowan, and Assistant Program Director, Jeremy Jackson. I would like to extend the call once again to all dermatologists throughout the state to find ways to involve yourself in the education of our residents. They form the foundation of the future of dermatology in the state of Mississippi!

Call anytime (330) 883-5302.

All the best to you and yours,

Bob Brodell, M.D.

Professor and Chair

UMMC Department of Dermatology

The Department of Dermatology at the University of Mississippi Medical Center is making good progress toward a goal of developing a world-class Department. Our mission is clear:

1. to enhance the patient-centered care provided by dermatologists in Mississippi
2. to focus on subspecialty care needs of patients and to support our dermatology colleagues throughout the state
3. to provide high quality educational programming for medical students and residents
4. to provide timely and focused continuing medical education (CME) for dermatologists and other physicians in the State of Mississippi and throughout the region
5. to develop basic science, translational and clinical research programs that extend the knowledge base of dermatology

New Affiliate Clinical Faculty*

Angela Wingfield, M.D.

Angela Booth Wingfield, has joined the affiliate staff of the University of Mississippi Medical Center. She has been in the private practice of dermatology at the Dermatology Clinic, PLLC in Gulfport, Mississippi since 2003. Her busy professional life includes being the medical director of Vivify Spa. She is a graduate of Millsaps College, in Jackson, Mississippi, and the Louisiana State University School of Medicine in New Orleans, Louisiana. Dr. Wingfield completed her internship and dermatology residency at the Louisiana State University Health Sciences Center in New Orleans. She is certified by the American Board of Dermatology.



The mother of two children, Dr. Wingfield is an expert at juggling the many hats she wears keeping her family and a successful practice and medical spa on track. She serves as the president of the Mississippi Gulf Coast alumnae chapter of Tri Delta Sorority, and she actively supports many charitable organizations in her community. We are very pleased that Dr. Wingfield is sharing her experience in general and cosmetic dermatology with our resident physicians.

James Brock, M.D.

Dr. J. M. Brock, Jr. is a board-certified Dermatologist and fellow of the American Academy of Dermatology. A native of McComb, Mississippi, he obtained both his undergraduate and medical degrees from the University of Mississippi.



Dr. Brock completed a rotating internship at Charity Hospital of Louisiana in New Orleans on the LSU service in 1976 and an internal medicine residency at University of Mississippi Medical Center in 1978. Dr. Brock also is board certified in Internal Medicine. He completed his dermatology residency at the University of Tennessee Center for Health Sciences in Memphis in 1984 and has since been in private practice in medical and surgical dermatology in McComb. Dr. Brock is married to Linda Young Brock, and they have two children and three grandchildren.

**Affiliate faculty are a critical part of our residency training program. They serve as supervisors of the dermatology resident continuity clinic, teach at Grand Rounds, resident and student conferences, and help us further the research mission of the University.*

Dr. James Grant Thompson Endowment

Department of Dermatology PGY-2 residents Michael Cosulich and Lauren Craig received the gift of dermatology textbooks thanks to a generous memorial fund provided by the son of the state's first dermatologist.

Established in the Department of Dermatology in 2014, the James Grant Thompson, M.D., Textbook Endowment will allow dermatology textbooks to be supplied to each new resident in the department in perpetuity.

The endowment was furnished by Dr. Thompson's son, Russell D. Thompson, daughter-in-law, Lucy Mobley Thompson, and grandchildren, Melissa T. Webb and Douglas R. Thompson, all alumni of the University of Mississippi.

Dr. Thompson was the first dermatologist certified by the American Board of Dermatology in the state of Mississippi. A great teacher who treasured the special knowledge base of dermatology, Dr. Thompson would be honored that resident physicians at the University of Mississippi Medical Center seek to master diagnostic and treatment skills to help patients with diseases of the skin, hair and nails, including particular focus on the treatment of skin cancers. This was his special area of expertise during his years of medical practice from 1941-1974.



Community Relations Important in Resident Training

The relationship between a teaching hospital and community physicians is vitally important not only to the education of students and residents, but also to patient care. The physicians and administrators at the University of Mississippi Medical Center recognize this fact and continually strive to facilitate collaborative efforts in the community.

These efforts are led at an institutional level by Dr. Charles O'Mara, Associate Vice Chancellor of Clinical Affairs. In this position, he provides a bridge between the 17 clinical department chairs and UMMC's administrators. Dr. O'Mara was recently interviewed by Margaret Kovar, Dermatology's education administrator, about community relations at UMMC.

"It's about bringing services together, to insure that we as a state are using the resources available to us to provide health care to the people of Mississippi in the most responsible and efficient way possible," he said.

Over the last decade, UMMC has been successful in changing the reality, as well as the perception, of being a high-quality care institution. With an emphasis on safety, the medical center offers services other health care providers across the state do not offer.

For example, UMMC is bringing together cancer services throughout Jackson for a regional cancer center on par with high-profile regional or national cancer centers. Teamwork with other hospitals and community physicians will provide the opportunity for disease-specific treatment to the citizens of Mississippi right here at home.

The UMMC Department of Dermatology illustrates collaboration at the specialty level. Becoming a full-fledged department little more than a year ago, Dermatology is a "team effort" involving volunteer affiliate faculty from private practice clinical dermatology and dermatopathology, as well as outstanding UMMC faculty. This has allowed the team to make dramatic progress in developing a "world class" residency training program and respected Dermatology Department. Af-

iliate faculty provide hands-on teaching in the resident Continuity Clinic while others teach dermatopathology under the multi-head microscope, along with focus-centered presentations in the lab and at monthly Grand Rounds. These efforts insure that residents are provided the opportunity to excel during their training and beyond and helps affiliate faculty keep up with the science of medicine because, "To teach is to learn twice."

The ultimate goal is to have UMMC affiliate faculty spread throughout the state.

"We want to build on the foundation of trust and collaborative effort that's good for all," Dr. O'Mara said.

Residency Program Update

The Residency Program is pleased to announce that we have partnered with the G.V. (Sonny) Montgomery VA Medical Center to create a training opportunity for our residents and to provide additional dermatologic care for Mississippi veterans. This has enabled us to add one more resident to our trainee group. We are pleased to welcome Allison Roberts Cruse, M.D., to the program. Dr. Cruse is a 2014 graduate of UMMC who is currently engaged in a transitional internship at the University of Virginia in Charlottesville. Welcome aboard!

We are currently reviewing applications for the residency positions beginning in the 2016-2017 academic year and are beginning our preparations to interview a new slate of candidates. We are pleased to note that the program has garnered the attention of over 350 applicants, making us one of the more competitive residency programs at UMMC.

-Nancye McCowan

Thank you

The department would like to thank Ralph Daniel, M.D., for covering the expenses for resident travel to the Annual Meeting of the American Academy of Dermatology in 2014 and 2015. It is greatly appreciated!

Thanks also to John Abide, M.D., for donating books to the Dermatology Resident Library. Award: In Grateful Appreciation for Superior Teaching, Patience, and Compassion from the residents of the Department of Dermatology.

Community Involvement

Dermatology faculty, residents and UMMC medical students were busy throughout the spring and summer with community involvement, spreading the word about disease prevention and proper skin care. These activities included:

Relay For Life – Dermatology faculty, nurses, administrators, residents, and students from the Dermatology Interest Group walked the track in relay fashion at Jackson Prep April 25 to demonstrate their commitment to the war on cancer. \$5,000 was raised to support the cause.



Question it? Discover it! – Members of the Dermatology Department organized the June 7 event *Question it? Discover it!* Fun in the Sun at the Mississippi Children's Museum. Various medical professionals from UMMC participate in the monthly Saturday event to educate children about health related topics, as well as encourage them to pursue medical careers. Some of the interactive activities in the Fun in the Sun program included giving hands-on instruction for sunscreen application and making UV-activated bead bracelets as a reminder to reapply sunscreen.

"Our hope was to promote sun protection measures in order to reduce the risk of sun related diseases," PGY-3 resident Kathleen Casamiquela said.



Health Fest – A team of dermatology residents and medical students educated the public about the hazards of tanning during Health Fest July 19. Sponsored by UMMC, the event provided visitors with information on healthy lifestyles and prevention of disease. In keeping with this theme, the dermatology team even distributed sun screen samples.

Congratulations!

Jeremy Jackson, M.D., is the recipient of the first annual Faculty Teacher of the Year Award: In grateful appreciation for superior organization of knowledge, teaching, and mastery of the "hidden curriculum" from the residents of the Department of Dermatology.

Anna Asher, M.D., is the recipient of the first annual Affiliate Faculty Teacher of the Year Award: In Grateful Appreciation for Superior Teaching, Patience, and Compassion from the residents of the Department of Dermatology.

Welcome Taylor Sisson

The Department of Dermatology would like to thank Michael Osborne, MBA, for his outstanding service to our department since its inception and wish him well in his new role as Department Business Manager for Telemedicine at UMMC. At the same time we would like to welcome Taylor Sisson, our new business manager.

Originally from Mobile, Ala., Taylor is a graduate of the University of Alabama, where he completed a Bachelor of Science in Commerce and Business Administration with a major in Healthcare Management. He then received his Master's Degree in Business Administration, with a concentration in Healthcare Administration, from the University of Alabama at Birmingham. He currently is enrolled as a doctoral candidate in UMMC's Doctor of Health Administration program.

Since 2011, Taylor has functioned in a leadership capacity with UMMC overseeing numerous clinics across two departments and several divisions. He has worked in healthcare since 2005 in several different capacities, in areas such as development, information technology, marketing/sales and lobbying.

He and his wife, Mandy, have a 22 month-old daughter named Charlotte. He enjoys jogging, playing golf and playing guitar.

Upcoming Events

- The Department of Dermatology will hold a symposium April 24, 2015 at the UMMC Medical Mall.
- The department also will hold a cancer screening in May. Time and place are to be determined.

Departmental Publications in 2014

1. Saraiya A, R Reddy, and RT Brodell. Young girl with a lower leg rash. *J Fam Pract.* 2014; 63(7): 395-396.
2. Brodell, RT and SE Helms. Remaining a Great Physician in Tough Times: Learning from Business Principles, *Mississippi Medicine*, July 2014 55(7):239-240.
3. Cosulich MT, Molenda MA, Mostow E, Bhatia AC, Brodell RT. Minimal Incision Extraction of Lipomas. *JAMA Dermatol.* Accepted August 22, 2014.
4. Dhossche JM, RT Brodell, K HM Ward. Letter to the Editor: Regarding the use of donated products to train residents to perform injectable cosmetic procedures. Accepted *J Am Acad Dermatol*, July 20, 2014.
5. Brodell RT. Book Review: Manual of Dermatologic Therapeutics. *J Am Acad Dermatol.* 2014; 71: 107-108.
6. Randolph KC, RT Brodell, N McCowan. Resident Rounds: Part 1: Program Spotlight: The University of Mississippi Medical Center Dermatology Residency Program. *Journal of Drugs in Dermatology*, Accepted 8/1/14.
7. Craig L, M Cosulich. Part II: Plants Causing Allergic Contact Dermatitis. *Journal of Drugs in Dermatology*, Accepted 8/1/14.
8. Tucker A, A Emerson, J Wyatt, RT Brodell. Part 3: Diaper Dermatitis Presenting as Pustules, *Journal of Drugs in Dermatology*, Accepted 8/1/14.
9. Brodell RT and SE Helms. Remaining a Great Physician in Tough Times. *Journal of the Mississippi Medical Association.* July 2014. 239-240.
10. Flowers RH, RT Brodell, M Brents, JP Wyatt. Fixed Drug Eruptions: Presentation, Diagnosis, and Management. *Southern Medical Journal*, Accepted June 9, 2014.

11. Brodell RT. Faculty Editorial on Academic Medicine: Academic Medicine in Private Practice. *American Medical Student Research Journal*. 2014; 1(S):S1-S6.
12. Helms, SE. Editorial: Attacking Medical Errors in Dermatology. *Cutis*, 2014; 93.
13. Nahar, VK, MA Ford, RT Brodell, KR Beason, MA Bass, A Hutcheson, R Biviji-Sharma. Skin Cancer Preventative Behaviors in State Park Workers: A Pilot Study. *Environmental Health and Preventive Medicine*. Accepted 9/6/14.
14. Googe AB, J Schulmeier, RT Brodell. Talon Noir: Paring Can Eliminate the Need for Biopsy, a case report. *Postgraduate Medicine*. Accepted 25-Sep-2014.
15. Gathings R, R Reddy, D Santa Cruz, RT Brodell. Gadolinium- Associated Plaques: A New, Distinctive Clinical Entity. *JAMA Dermatol*. Accepted 8/1/14.
16. Reed, Caitlyn, R Reddy, RT Brodell. Making the Diagnosis of Porokeratosis of Mibelli...Every Time. *Cutis*. Accepted April 10, 2014.
17. Flowers H, RT Brodell, Recurrent Grouped Vesicles. *The Journal of Family Practice* Accepted March 18, 2014.
18. Brodell, RT. Granuloma Annulare. *Up To Date*, 2014.
19. Gathings R, R Reddy, AC Bhatia, RT Brodell. Nevus Spilus: Presence of Hair Unlikely Associated with an Increased Risk of Melanoma. *Cutis*. Accepted 1/14/14.
20. Aouthmany M, AE Fischel, SE Helms, RT Brodell. Chapter 216: Scleredema, in *Treatment of Skin Disease*, 4th edition, eds. MG Lebwohl, J Berth-Jones, WR Heyman, I Coulson. Elsevier, 2014: 700-702.
21. Allred, AK, N K McCowan, RT Brodell. Face and scalp rash in an adolescent. *Journal of Family Practice*. 2014 63(4):209-11.
22. Casamiquela KM, KD Saul, RT Brodell. Proposed Remedy to Chronic Back Pain among Dermatology Residents. *J Am Acad Dermatol*. 2014; 71(2): 386.
23. Mahony J, SE Helms, RT Brodell. The sarcoidal granuloma: A unifying hypothesis for an enigmatic response. 2014 Sep-Oct 32(5): 654-659.
24. Huynh TN, JD Jackson, RT Brodell. Tattoo and vaccination sites: Possible nest for opportunistic infections, tumors, and dysimmune reactions. *Clin Dermatol*. 2014 Sep-Oct;32(5):678-84.
25. Brodell, LA, JD Brodell, RT Brodell. Recurrent Lymphangitic Cellulitis Syndrome: A Quintessential example of an Immunocompromised district. *Clinics in Dermatology*. 2014 Sep-Oct: 32 (5):621-627.
26. Offiah M, JP Wyatt, LR Campbell, RT Brodell. Collodian Membrane in Newborn: a Mother Following Infliximab Therapy in Pregnancy. *J Am Acad Dermatol*. 2014 71 (1): e22-23.
27. Trikha, R, RT Brodell, NK McCowan. Marginal Vitiligo. *Journal of the American Medical Association*. Submitted 7/28/14.
28. McCowan, NK. Model Ethics Curriculum. Accreditation Council for Graduate Medical Education Notable Practices. 5/20/14.
29. Braswell, MA, NK McCowan, RT Brodell. Dermatopathology: High-Yield Biopsy Technique for Subepidermal Blisters. *British Journal of Dermatology*. Accepted 5/20/14.
30. McCowan NK, J Griffith. Basic Skin Care: A Pragmatic Approach to Better Skin Using Over-the-Counter Cosmeceuticals. *Mississippi Medical Association Journal*. In press.
31. Wyatt J. Etanercept Therapy for Toxic Epidermal Necrolysis. Practice Update website. Available at: <http://www.practiceupdate.com/journalscan/10622>. Accessed July 4, 2014.
32. Butts, GT, PR Bishop, JP Wyatt and MJ Nowicki. Leukocytoclastic vasculitis in an adolescent with ulcerative colitis: Report of a case and review of the literature *SAGE Open Medical Case Reports* January-December 2014 2: 2050313X14547609, first published on August 20, 2014 doi:10.1177/2050313X14547609
33. Flowers RH, RT Brodell, M Brents, JP Wyatt. Fixed Drug Eruptions: Presentation, Diagnosis, and Management. *Southern Medical Journal*, Accepted June 9, 2014.
34. Jackson, JD. www.practiceupdate.com: From the Medical Board of the National Psoriasis Foundation: The risk of cardiovascular disease in individuals with psoriasis and the potential impact of current therapies. Hugh J et al. *J Am Acad Dermatol*. 2014.
35. Dhossche JM, Brodell RT, Al Hmada Y, Ward KM. Skin Colored Papules of the Penis. *Pediatric Dermatology*. Accepted 5/18/2014.

36. Googe AB, RT Brodell. Images in Dermatology: A Persistent Nodule on the Anterior Neck, J Am Acad Dermatol. 71 (2014), p. e173.

Presentations:

1. Helms, SE. Symposium---EMR Tips and Tricks. Summer Meeting American Academy of Dermatology. Chicago, IL. Aug. 9, 2014.
2. Wyatt, JP. Psoriasis. 72nd Annual Meeting of the American Academy of Dermatology, Denver, CO, March 23, 2014.
3. Googe, AB, F Asher, JP Wyatt. Vancomycin Induced Linear IgA Disease with Mucosal Involvement. UMMC and Society of Hospital Medicine Poster Presentation in Las Vegas, NV presented by Amber Googe.
4. Ward, KM. Hormones and Skin Aging. American Academy of Dermatology Annual Meeting, Aging Gracefully Symposium. March 24, 2014.
5. Wyatt, JP. Psoriasis. 72nd Annual Meeting of the American Academy of Dermatology, Denver, CO, March 23, 2014.
6. Helms, SE. Diagnosis, Treatment, and Prevention of Errors in Dermatology. American Academy of Dermatology 72nd Annual Meeting. March 22, 2014.

7. Helms, SE. MOC Self-Assessment: Psoriasis – Traditional Systemic Medications for Psoriasis. American Academy of Dermatology 72nd Annual Meeting. March 33, 2014.

8. McCowan, NK. A Resident-centric Program Embracing the Clinical Learning Environment Review (CLER) Movement at the University of Mississippi Medical Center. Semiannual Meeting of the Dermatology Teachers Exchange Group. Chicago, IL. Sept. 12, 2014.

9. Brodell, RT. MOC Self - Assessment: Psoriasis: Diagnosis. American Academy of Dermatology 72nd Annual Meeting. Denver, CO. March 23, 2014.

10. Brodell, RT. Surgical pearls for the medical dermatologist. American Academy of Dermatology 72nd Annual Meeting. Denver, CO. March 24, 2014.

11. Jacks, S. What in the H does this patient have? Society for Pediatric Dermatology Annual Meeting. Coeur d'Alene, ID. July 9-12, 2014.

12. Gathings RM, Casamiquela K, Jackson A, Brodell RT. Tinea Incognito in a Tattoo. Cutis. Accepted October 16, 2014.



Stephen Helms, M.D., Editor
Margaret Kovar, Assistant Editor

